Date: March 11, 2020

Millis Board of Health with the Millis Emergency Planning Committee is fully engaged with State Dept. of Public Health officials as to all news developments, mitigation protocols and best practices as inform our town’s preparedness to manage both the information flow and address health concerns related to the national Coronavirus (COVID19) pandemic.

While the current risk to individuals in the US for contracting the coronavirus is low, health experts, inside and outside the state and federal government, agree that the best way to prevent illness is to practice routine preventive practices (below). Preparing and not panicking your community in the case of broader local infection, makes common sense. And sharing the facts to prevent rumors and quell stigma is so important.

If emergency alerts are necessary the Town will use the Swift 911 system.

**Everyday practices** to help prevent the spread of respiratory diseases – including the flu -- include:

* Stay home when you are sick, except to get medical care (CALL AHEAD to your provider).

* Cover coughs and sneezes with your elbow or a tissue, and throw the tissue in the trash.

* Wash hands often with soap and water for at least 20 seconds.

* Avoid touching your eyes, nose, and mouth.

* Clean frequently touched surfaces and objects daily.
*Consider how liturgical practices and other group activities can be adapted to minimize hand contact. Review community calendars and making decisions on which events may need to be canceled or postponed.

Here are recently added or updated resources you might find useful.

Interim Guidance: Get Your Mass Gatherings or Large Community Events Ready for Coronavirus Disease 2019 (COVID-19)

Interim Guidance: Get Your Community- and Faith-Based Organizations Ready for Coronavirus Disease 2019 (COVID-19)

Preventing COVID-19 Spread in Communities including guidance for homes, schools, and workplaces

Geographic Risk Assessment for COVID-19 Transmission

Steps Healthcare Facilities Can Take Now to Prepare for Coronavirus Disease 2019 (COVID-19)


https://mass211.org/ Call in for updated information

For the most current information about COVID-19, please follow CDC on social media and sign up for the newsletter to receive weekly emails about the COVID-19 pandemic.